

Prof Dr Mithra N Hegde

Currently serves as the Vice Principal and Professor in the Department of Conservative Dentistry and Endodontics, A. B. Shetty Memorial Institute of Dental Sciences, Nitte (Deemed to be University) and has been a clinical practitioner for 30 years at Dental Speciality and Cosmetic Clinic, Kankanady, Mangaluru.

Graduated in 1989 with TMA Pai and Colgate gold medals and been a teacher and researcher since 1992 with 385 scientific research articles in internationally indexed Journals with a recent publication in Nature.com in British Dental Journal. Teaching from last 28 years she has guided 54 and co-guided 121 postgraduate students. A recognized PhD guide with 5 candidates awarded PhD and 6 registered candidates.

She has completed 5 major research projects of BRNS, ICMR and VGST, Dabur India Ltd and guided 9 ICMR granted STS Projects in the last 10 years. Her special interest in the field of “Saliva as a biochemical indicator” in Dental Caries, Chronic renal failure, Diabetic Mellitus and HIV is of great value as a non- invasive diagnostic tool. She has authored a Complete Text book of Endodontics and also 3 handbooks on “Recent concepts of Dentistry”. She has presented guest lecturers in 93 International and National Conferences.

She is the recipient of highest Civilian Award in the field of medicine- Karnataka Rajyotsava Award in 2011, Dentist Excellence Award 2013 Instituted by Indian Dentist Research and Review, Dr. J.G. Kannappan Award by the International Association for Dental Research and Indian Society for Dental Research 2013, Women Dentist Achiever of the year awarded by Indian Dental Association and Women Dental Council (2010), Academic Excellence Award in 2016 and Prestigious Outstanding Achievement Award in 2018 by Indian Association of Conservative Dentistry and Endodontics, Scientific Reviewer Award-Best Scientific Reviewer by Contemporary Clinical Dentistry Editorial Board in 2018..She has been recognized as a Member of Academy of Medical Sciences (MAMS), India for her exemplary contribution to the field of science. Admitted as a member of Royal College of Physicians and Surgeons of Glasgow MFDS RCPS (Glasg) in 2022.

She was bestowed with the prestigious IACDE National Academic Excellence Award 2020 by the Indian Association of Conservative Dentistry and Endodontics at the 35th IACDE National Conference held at Guwahati, Assam from the 26th to 28th of February 2021, appreciating her efforts as an educator that has led to the advancement of the art and sciences of Conservative Dentistry and Endodontics. Micro dentistry practitioner since 2001 after training in Madrid, Spain.

She was a Syndicate Member and member of Centre for Advanced studies at Mangalore University. Member of Board of studies for Under Graduate and Post Graduate Students, Member of Ph.D. Registration Committee and External Expert Research Committee, Rajiv Gandhi University of Health Sciences. She is also a member of The Planning and Monitoring Board, Research Advisory Board and Ethics Committee of Nitte deemed to be University.

She is the Past President of Indian Dental Association, Dakshina Kannada Branch and the Vice president of Indian Endodontic Society and Indian Association of Conservative dentistry & Endodontics. Presently she is serving as Secretary of Association of Conservative Dentistry and Endodontics of Karnataka and Editorial Board member of 16 indexed journals.